



DEPARTMENT OF PEDIATRICS

FINAL YEAR MBBS¹

STUDY GUIDE

(updated & Review - 2024)

BAQAI MEDICAL UNIVERSITY BAQAI MEDICAL COLLEGE

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* Title of Program 1 **Title of Course 2





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³BAQAI MEDICAL UNIVERSITY VISION STATEMENT*

"To evolve as a nucleus for higher learning with a resolution to be socially accountable, focused on producing accomplished health care professionals for services in all spheres of life at the national and global level".

3 BAQAI MEDICAL COLLEGE MISSION STATEMENT

"The mission of the Baqai medical college is to produce medical graduates, who are accomplished and responsible individuals and have skills for problem solving, clinical judgment, research & leadership for medical practice at the international level and are also aware of the health problems of the less privileged rural and urban population of Pakistan."

* Vision & Mission of the University and Program -3





INTRODUCTION⁴

Pediatrics is the only discipline dedicated to all aspects of the care and well-being of infants, children and adolescents, including their health – their physical, mental, social, and psychological growth and development – and their ability to achieve full potential as adults. Pediatricians must be concerned not only with specific organ systems, genetics, and biologic process, but also with environmental, psychosocial, cultural and political influences, all of which may have major impacts on the health and well being of children and their families.

Clinical ward posting which include detail history taking, Examination, Case scenario and management of the patients and skills based methodology.

Lectures of 60 minute and assessment of Final Year MBBS.

* Course Introduction – 4





FACULTY LIST ⁵

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			Email
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* Faculty Introduction with contact detail – 5





OUTCOMES OF THE MBBS PROGRAM 6

By the end of five years MBBS program, The Baqai Medical College graduate will be able to:

- Write and report focused history, perform physical examination, formulate a diagnosis and management plan for common health problems in pediatric population
- Utilize knowledge of basic and clinical sciences for pediatrics patient care.
- Apply evidence-based practices for protecting, maintaining and promoting the health of individuals, families and community.
- Identify problems, critically review literature, conduct research and disseminate knowledge.
- Lead other team members as per situational needs for quality health service.
- Acquire professional behaviors that embodies lifelong learning, altruism, empathy and cultural sensitivity in provision health care service.





POLICIES AND PROCEDURES

Code of Conduct and Maintenance of Discipline of StudentsRegulations

Under section 25(e) BMU Act.1996

All University students shall be under the full disciplinary control of the University. No students shall be allowed to participate in politics. The action against the act of indiscipline shall include fines, debarring from attending class and cancellation of admission, depending on the gravity of indiscipline.

The following shall constitute acts of indiscipline for which action may be taken against the student or students:

(a) Breach of any rule public morals, such as:

- Use of indecent or filthy language;
- Use of immodest dress:
- Use of undesirable remarks or gestures; and
- Disorderly behavior, such as shouting, abusing, quarrelling, fighting and insolence.
- (b)Defiance of authority
- (c) Action, defamatory of and derogatory to Islam
- (d) Immorality
- (e) Being found under the effect of an intoxicant or misuse of drugs including marijuana, LSD dope and other opioids.
- (f) False presentation or giving false information or willful suppression of information, cheating or deceiving.





- (g) Inciting or staging a walk-out, a strike or an unauthorized procession.
- (h) Shouting of slogans derogatory to the prestige of theUniversity or the reputation of its officers or teachers.
- (i) Visiting without a pass places which are not to be visited without a pass.
- (j) Visiting places declared out of bounds for students

Every student must carry his / her Identity Card which will be opento examination and will be demanded at the time of entrance to the various University Faculties and functions.

No. student will be admitted to the facilities of the library, transport or the canteen unless he /she is inpossession of the Identity Card.





OVERVIEW

Discoment in Subject	Clinical Posting			
	Lectures			
Dervettere	Clinical Posting – 8 Weeks			
Duration	Lectures – 35 Weeks From 20-03-2024 to 23-12-2024			
EOA (End of Assessment) Tentative Date	19-09-2024 & 23-12-2024			





(7,8,9,13) TOPICS AND LEARNING OBJECTIVES CLINICAL POSTING

⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)		
WARD							
 History taking and examination (general physical examination) At the end of 60 min session, final year MBBS students should be able: To construct a comprehensive medical history interview. To perform a comprehensive GPE. To adapt examination techniques for pediatric patients of different age groups. To analyze the information gathered to formulate differential diagnosis. 	SGIF	60 Minute	Ward	OSCE			
 History taking and examination (Respiratory System) At the end of 60 min session, final year MBBS students should be able: To construct a comprehensive medical history interview. To perform a comprehensive respiratory examination. To adapt examination techniques for pediatric patients of different age groups. To analyze the information gathered to formulate 	SGIF	60 Minute	Ward	OSCE			





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative)	Facilitator (9)
differential diagnosis.				(13)	
Tuberculosis	SGIF	60 Minute	Ward	OSCE/SAQ	
 At the end of 60 min interactive session, final year MBBS students should be able to: Identify the clinical manifestations of pediatric tuberculosis, including common symptoms and signs. Describe the diagnostic methods used for detecting tuberculosis in children, Summarize the principles and guidelines for the treatment of pediatric tuberculosis. Describe the DOTS therapy 					
 History taking and examination (GIT) At the end of 60 min session, final year MBBS students should be able: To construct a comprehensive medical history interview. To perform a comprehensive abdominal examination. To adapt examination techniques for pediatric patients of different age groups. To analyze the information gathered to formulate differential diagnosis. 	SGIF	60 Minute	Ward	OSCE	
Malabsorbtion syndrome At the end of 60 min interactive session, final year MBBS students should be able:	SGIF	60 Minute	Ward	OSCE/SAQ	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative)	Facilitator (9)
• To evaluate a patient with suspected malabsorption.				(13)	
• To develop a comprehensive management plan for a patient with malabsorption.					
Hepatitis in children	SGIF	60 Minute	Ward	OSCE/SAQ	
At the end of 60 min interactive session, final year MBBS students should be able:					
• To evaluate a patient with suspected hepatitis.					
• To develop a comprehensive management plan for a patient with hepatitis.					
Portal Hypertension	SGIF	60 Minute	Ward	OSCE/SAQ	
At the end of 60 min interactive session, final year MBBS students should be able:					
• To evaluate a patient with suspected portal hypertension.					
• To develop a comprehensive management plan for a patient with portal hypertension.					
History taking and examination (CVS) At the end of 60 min session, final year MBBS students should be able:	SGIF	60 Minute	Ward	OSCE	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
• To construct a detailed medical history interview.					
• To perform a comprehensive cardiovascular examination.					
• To adapt examination techniques for pediatric patients of different age groups					
• To analyze the information gathered to formulate differential diagnosis					
Congenital heart disease (Acyanotic) At the end of 60 min session, final year	SGIF	60 Minute	Ward	OSCE/SAQ	
MBBS students should be able:					
To evaluate a patient with congenital heart disease To develop a comprehensive management plan for a patient with acyanotic heart disease.					
Cyanotic congenital heart disease	SGIF	60 Minute	Ward	OSCE/SAQ	
At the end of 60 min interactive session, final year MBBS students should be able:					
• To evaluate a patient with congenital heart disease.					
• To develop a comprehensive management plan for a patient with acyanotic heart disease.					
Myocarditis	SGIF	60 Minute	Ward	OSCE/SAQ	
At the end of 60 min interactive session,					
final year MBBS students should be able:					
• To evaluate a patient with myocarditis.					
• To develop a comprehensive					
management plan for a patient with					





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
myocarditis					
Rheumatic fever	SGIF	60 Minute	Ward	OSCE/SAQ	
At the end of 60 min interactive session, final year MBBS students should be able: To evaluate a patient with rheumatic fever To develop a comprehensive management plan for a patient with rheumatic fever					
History taking and examination (Motor System)	SGIF	60 Minute	Ward	OSCE	
 At the end of 60 min interactive session, final year MBBS students should be able: To construct a detailed medical history interview. To perform a comprehensive motor examination. To adapt examination techniques for pediatric patients of different age groups To analyze the information gathered to formulate differential diagnosis 					
 Meningitis, Encephalitis, Cerebral malaria At the end of 60 min interactive session, final year MBBS students should be able To evaluate a patient with suspected meningitis/ encephalitis. To develop comprehensive management plan for a patient with meningitis/ encephalitis. Discuss vaccination strategies for the prevention of meningitis. 	SGIF	60 Minute	Ward	OSCE/SAQ	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
				(10)	
 Cerebral Palsy and Mental retardation At the end of 60 min interactive session, final year MBBS students should be able To evaluate a patient with suspected cerebral palsy/ Mental retardation. To develop comprehensive management plan for a patient with cerebral palsy/ Mental retardation. Describe multidisciplinary approach to managing cerebral palsy. 	SGIF	60 Minute	Ward	OSCE/SAQ	
 Epilepsy At the end of 60 min interactive session, final year MBBS students should be able To evaluate a patient with suspected Epilepsy. To develop comprehensive management plan for a patient with epilepsy. Discuss preventive strategies for epilepsy. 	SGIF	60 Minute	Ward	OSCE/SAQ	
History taking and cranial nerve Examination At the end of 60 min interactive session, final year MBBS students should be able	SGIF	60 Minute	Ward	OSCE/SAQ	
 Enteric fever At the end of 60 min interactive session, final year MBBS students should be able To evaluate a patient with suspected Enteric Fever. To develop comprehensive management plan 	SGIF	60 Minute	Ward	OSCE/SAQ	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative)	Facilitator (9)
				(13)	
for a patient with Enteric Fever.					
• Discuss vaccination strategies for the					
prevention of enteric fever.	0.CIE		XX 7 1		
Malaria At the and of CO min interactive session final year	SGIF	60 Minute	Ward	OSCE/SAQ	
MBBS students should be able					
 To evaluate a patient with suspected Malaria 					
 To develop comprehensive management plan for a 					
patient with Malaria.					
• Describe strategies for prevention of malaria.					
Poliomyelitis	SGIF	60 Minute	Ward	OSCE/SAO	
At the end of 60 min interactive session, final year					
MBBS students should be able					
• To evaluate a patient with suspected Poliomyelitis.					
• To develop comprehensive management plan for a					
patient with Poliomyelitis.					
• Discuss the role of vaccination in the prevention of					
poliomyelitis.					
Diphtheria	SGIF	60 Minute	Ward	OSCE/SAQ	
At the end of 60 min interactive session, final year					
MBBS students should be able					
• To evaluate a patient with suspected diphtheria.					
• To develop comprehensive management plan for a					
patient with diphtheria.					
• Discuss the role of vaccination in the prevention of diphtheria					
Bleeding disorders	SGIF	60 Minute	Ward	OSCE/SAO	
Coagulation disorders	SGIF	60 Minute	Ward	OSCE/SAO	
Nephrotic Syndrome	SGIF	60 Minute	Ward	OSCE/SAQ	
Acute Kidney injury	SGIF	60 Minute	Ward	OSCE/SAQ	
Chronic kidney disease	SGIF	60 Minute	Ward	OSCE/SAQ	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)		
Approach to a child with short stature	SGIF	60 Minute	Ward	OSCE/SAQ			
Approach to child with diabetes mellitus and diabetic ketoacidosis	SGIF	60 Minute	Ward	OSCE/SAQ			
Turner syndrome	SGIF	60 Minute	Ward	OSCE/SAQ			
Locomotor system	SGIF	60 Minute	Ward	OSCE/SAQ			
Systemic lupus erythematous	SGIF	60 Minute	Ward	OSCE/SAQ			
Hernia, Intussusception	SGIF	60 Minute	Ward	OSCE/SAQ			
Road traffic accident	SGIF	60 Minute	Ward	OSCE/SAQ			
Drowning	SGIF			OSCE/SAQ			
NICU/ POST NICU							
Neonatal history taking and examination	SGIF	60 Minute	NICU/PNICU	OSCE/SAQ			
Categories of a newborn	SGIF	60 Minute	NICU/PNICU	OSCE/SAQ			
Meconium aspiration syndrome	SGIF	60 Minute	NICU/PNICU	OSCE/SAQ			
Birth Asphyxia	SGIF	60 Minute	NICU/PNICU	OSCE/SAQ			
Hemorrhagic disease of newborn	SGIF	60 Minute	NICU/PNICU	OSCE/SAQ			
Neonatal jaundice	SGIF	60 Minute	NICU/PNICU	OSCE/SAQ			
Common skin problems of neonate	SGIF	60 Minute	NICU/PNICU	OSCE/SAQ			
Congenital heart diseases	SGIF	60 Minute	NICU/PNICU	OSCE/SAQ			
OPD							
 Growth and development At the end of 60 min interactive session, final year MBBS students should be able Apply anthropometry and its interpretation. Compare Normal milestones in different age 	SGIF	60 Minute	OPD	OSCE/SAQ			





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
groups.					
 Immunization At the end of 60 min interactive session, final year MBBS students should be able apply EPI immunization and non EPI immunization. summarize the route of administration and dose. recall common side effects of different vaccine. 	SGIF	60 Minute	OPD	OSCE/SAQ	
 Importance of Breast feeding and complementary feeding in childhood At the end of 60 min interactive session, final year MBBS students should be able Explain the physiological and developmental benefits of breastfeeding for infants. Recall optimum breast feeding practices. Describe the nutritional composition of breast milk and its role in supporting healthy growth. Discuss the World Health Organization (WHO) recommendations for exclusive breastfeeding during the first six months of life, followed by continued breastfeeding with complementary foods up to two years of age or beyond. Explain the concept of complementary feeding. 	SGIF	60 Minute	OPD	OSCE/SAQ	
 IMNCI (Pneumonia) At the end of 60 min interactive session, final year MBBS students should be able Define IMNCI & problems covered by IMNCI. Apply the key principles of Integrated Management of Neonatal and Childhood Illness (IMNCI), including its 	SGIF	60 Minute	OPD	OSCE/SAQ	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
goals, strategies, and components related to pneumonia					
management in children.					
 Identify the children features and signs of pheumonia in children according to IMNCI guidelines. 					
 IMNICI (Diarrhea) At the end of 60 min interactive session, final year MBBS students should be able Recall 3 types of diarrhea. Recognize clinical signs of dehydration in children. Classify dehydration according to IMNCI. Establish managements plans A, B and C for dehydration 	SGIF	60 Minute	OPD	OSCE/SAQ	
Nutritional anemia	SGIF	60 Minute	OPD	OSCE/SAQ	
Hemolytic anemia	SGIF	60 Minute	OPD	OSCE/SAQ	
Acute glomerulonephritis	SGIF	60 Minute	OPD	OSCE/SAQ	
Approach to a child with short stature	SGIF	60 Minute	OPD	OSCE/SAQ	
Down Syndrome	SGIF	60 Minute	OPD	OSCE/SAQ	
Rheumatoid arthritis	SGIF	60 Minute	OPD	OSCE/SAQ	
Enuresis	SGIF	60 Minute	OPD	OSCE/SAQ	
Encopresis	SGIF	60 Minute	OPD	OSCE/SAQ	

TUTORIAL

Optimum Breast feeding Practices and	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
advantages of breast feeding					
Growth and development	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Micronutrient deficiencies	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Clinical examination related to PCM	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Bronchial Asthma	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment	Facilitator (9)
				(Summative)	
				(13)	
IMNCI (Pneumonia)	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Acute gastroenteritis and chronic diarrhea	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
in children					
Dysentery	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Fulminant Hepatic failure	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Interpretation of X-ray abdomen, barium	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
meal and with double contrast					
Interpretation of X-ray chest related to	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Cardiology					
Congestive cardiac failure	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Infective endocarditis	SGIF		Tutorial Room	OSCE/SAQ	
Various types of shock and management	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
ECG and echocardiogram	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Febrile seizures	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
CT scan and MRI brain	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Approach to a child with rash	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Tetanus	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Approach to a child with acute flaccid	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Paralysis					
Dengue Fever	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Varicella	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Mumps	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Human immunodeficiency virus	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Common skin Infection	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Idiopathic thrombocytopenic purpura	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Aplastic anemia	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Leukemia	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
UTI and Posterior urethral valves	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	
Urolithiasis	SGIF	60 Minute	Tutorial Room	OSCE/SAQ	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)			
Diabetes Insipidus	SGIF	60 Minute	Tutorial Room	OSCE/SAO				
Idiopathic respiratory distress syndrome	SGIF	60 Minute	Tutorial Room	OSCE/SAO				
Transient tachypnea of newborn	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
X-ray chest and abdomen of neonate	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Neonatal sepsis	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Neonatal surgical problems	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Growth hormone deficiency	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Cushing disease	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Urinary tract infection	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Hypothyroidism	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Congenital adrenal hyperplasia	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Patterns of genetic transmission	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Space occupying lesion	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Lymphoma and Neuroblastoma	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Attention deficit hyperactivity disorder	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Autism	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Rights of child and child abuse	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Lead poisoning & Kerosine poisoning	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Organophosphate poisoning	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Acetaminophen poisoning	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Dog bite	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
Snake bite	SGIF	60 Minute	Tutorial Room	OSCE/SAQ				
SKILL LAB								
N.G TUBE PLACEMENT	SGIF	3 hrs		OSCE				
At the end of 3 hours session final year								





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
MBBS students should be able:To identify various sizes of NG tube.					
 To demonstrate the procedure of NG tube insertion. To summarize the Indications, contraindications and complications of NG tube insertion. 					
 ENDOTRACHEAL (TUBE) INTUBATION At the end of 3 hours session final year MBBS students should be able: To identify various sizes of endotracheal tube. To illustrate different sizes of blades of laryngoscope 	SGIF	3 hrs		OSCE	
 To demonstrate the endotracheal tube insertion. To summarize the Indications, contraindications and complications of the procedure. To perform endotracheal tube insertion on a simulator. 					
LUMBER PUNCTURE At the end of 3 hours session final year MBBS students should be able: To identify lumber puncture needle. To demonstrate the procedure of lumber puncture. To summarize the Indications.	SGIF	3 hrs		OSCE	





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
contraindications and complications of the procedure					
FOLEYS CATHERIZATION	SGIF	3 hrs		OSCE	
 At the end of 3 hours session final year MBBS students should be able: To identify various types of Foley's catheter. 					
 To demonstrate the procedure of catheterization. To summarize the Indications, contraindications and complications of the procedure. 					
SUPRAPUBIC PUNCTUREAt the end of 3 hours session final yearMBBS students should be able:• To know the procedure of suprapubic puncture.• To know the indications of suprapubic puncture.• To know the contraindications of suprapubic puncture• To know the complications of suprapubic puncture	SGIF	3 hrs		OSCE	
 NEONATAL RESUSCITATION (NRP) At the end of 3 hours session final year MBBS students should be able: To record abnormal vital signs of neonate. To identify neonatal resuscitation equipment To Demonstrate the correct steps in basic neonatal resuscitation, including airway management, ventilation techniques, chest compressions, and the administration of medications. To illustrate effective communication and 	SGIF	3 hrs		OSCE	
coordination skills within a resuscitation team,					





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
including role delegation, verbal communication, and teamwork during critical situations.					
 To test different resuscitation scenarios in a simulated environment. 					
BLS	SGIF	3 hrs		OSCE	
 At the end of 3 hours session final year MBBS students should be able: To identify signs of cardiac arrest in infants and children. To recognize the importance of calling for help and activating the emergency response. To explain the difference between pediatric and adult BLS. To Demonstrate the correct steps in resuscitation, including airway management, ventilation techniques, chest compressions, and the administration of medications. To assess the quality of CPR performance in a 					
• To assess the quality of CPR performance in a pediatric simulation scenario.					

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Target Student = T.S Large Group Interactive Format = LGIF Small Group Interactive Fromat = SGIF -





⁸ LECTURE								
⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)			
 INTRODUCTION AND STATISTICS By the end of 60 minutes lecture final year MBBS students should be able to: Define atleast 5 important definitions used in pediatric statistics. Report neonatal mortality rate, infant mortality rate and maternal mortality rate. Discuss the importance of childhood mortality and morbidity. 	LGIF	60 minutes	Moin Baqai Hall	MCQs,	DR. Arshad Hamid			
 IMMUNIZATION By the end of 60 minutes lecture final year MBBS students should be able to : State the immunization status of children in Pakistan. Describe the different type of vaccine. Classify all EPI and atleast 5 Non-EPI vaccines. Describe the doses, route of administration and complications of vaccines 	LGIF	60 minutes	Moin Baqai Hall	- MCQs, - SEQs - SAQs - OSCE	Dr. Madiha Abid			
 GROWTH AND DEVELOPMENT At the end of 60 minutes Lecture the final year MBBS students will be able to : Identify the significances of knowing age expected growth and development. Label on percentile chart and know its interpretation. Summarize Normal milestones in different age groups. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs, - SAQs - OSCE	Dr. Saba Sohrab			
BREASTFEEDING AND COMPLIMENTARY	LGIF	60 minutes	MoinBagai Hall	- MCOs	Dr. Tahira Saeed			





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
 FEEDING By the end of 60 minutes lecture final year MBBS students should be able to: Explain the physiological and developmental benefits of breastfeeding for infants. Recall optimum breast feeding practices. Describe the nutritional composition of breast milk and its role in supporting healthy growth. Discuss the World Health Organization (WHO) recommendations for exclusive breastfeeding during the first six months of life, followed by continued breastfeeding with complementary foods up to two years of age or beyond. Explain the concept of complementary feeding. Discuss the evidence on the long-term health benefits of breastfeeding for both infants and mothers. 				- SAQ - SEQ - OSCE	
 MALNUTRITION (PCM) By the end of 60 minutes lecture final year MBBS students should be able to: List the risk factors leading to malnutrition. Classify malnutrition in children and its importance. Summarize the history of malnutrition. Identify the signs and symptoms of malnutrition. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - SEQ - OSCE	Dr. Areeba Tanveer
 MALNUTRITION (PCM) MANAGEMENT By the end of a 60 minutes lecture, final year MBBS students are able to: Recall different classifications of malnutrition. List at least 5 essential investigations in malnutrition. Tabulate all 10 steps in treatment of PEM. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - SEQ - OSCE	Dr. Madiha





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
Develop a follow up plan for PCM patients					
 MICRONUTRIENT DEFICIENCIES By the end of 60 minutes lecture final year MBBS students should be able to List the common Micronutrients Discuss what impact will they produce on the body Identify sign and symptoms of various deficiencies Discuss management Plan. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - SEQ	Dr. Saba
 IMNCI (PNEUMONIA). By the end of 60 minutes lecture final year MBBS students should be able to: Define IMNCI & problems covered by IMNCI. Describe the epidemiology and burden of pneumonia in children under five years of age. Apply the key principles of Integrated Management of Neonatal and Childhood Illness (IMNCI), including its goals, strategies, and components related to pneumonia management in children. Identify the clinical features and signs of pneumonia in children according to IMNCI guidelines. 	LGIF	60 minutes	MoinBaqai Hall	- MCQs, - OSCE	Dr. Tahira Saeed
ACUTE GASTROENTERITIS (MANAGEMENT A	CCORDIN	NG TO IMNCI)		
 By the end of 60 minutes lecture final year MBBS students should be able to: Recall 3 types of diarrhea. Recognize clinical signs of dehydration in children 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - SEQ	Dr. Areeba Tanveer





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
Classify dehydration according to IMNCI.					
• Establish managements plans A, B and C for dehydration.					
IMNCI (YOUNG INFANT)	-		-		
 By the end of 60 minutes lecture final year MBBS students should be able to : Identify for possible infection. Assess & classify sick young infant. Treat a child with cough or difficult breathing according to protocol. Assessing and classifying a young infant for possible serious bacterial infection or very severe disease, pneumonia and local infection. Counsel Care giver on home care. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - OSCE	Dr. Madiha
ENTERIC FEVER					
 At the end of 60 minutes lecture, final year MBBS students will be able to: Memorize different types of salmonella Identify at least 5 signs and symptoms of the disease Summarize investigations of enteric fever Develop a treatment plan for enteric fever 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Saba Sohrab
TUBERCULOSIS					
 By the end of 60 minutes lecture final year MBBS students should be able to: Discuss the epidemiology of pediatric tuberculosis globally and in Pakistan, including prevalence rates, risk factors, and trends over time. Explain the pathophysiology of tuberculosis infection in 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Tahira Saeed





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
 pediatric patients. Identify the clinical manifestations of pediatric tuberculosis, including common symptoms and signs. Describe the diagnostic methods used for detecting tuberculosis in children, Summarize the principles and guidelines for the treatment of pediatric tuberculosis. Describe the DOTS therapy. Develop strategies for the prevention and control of pediatric tuberculosis, including vaccination, contact tracing, infection control measures, and health education campaigns. 					
 APPROACH TO A CHILD WITH RASH By the end of 60 minutes lecture final year MBBS students should be able to: Recognize different types of rashes. State the clinical manifestations of these rashes. Develop the differential diagnosis of rash Sort the rashes of measles, Rubella, Varicella, infectious mononucleosis, Meningococcemia, Scarlet fever, Kawasaki disease, drug rash. Describe the management of measles in children. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Areeba Tanveer
TETANUS By the end of 60 minutes lecture final year MBBS students should be able to : Discuss Etiology. Explain Clinical manifestations. List Differential diagnosis.	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Madiha





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)		
Discuss Management.							
List Complications.							
DIPHTHERIA		•		•	•		
By the end of 60 minutes lecture, final year MBBS students are able to:	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Saba Sohrab		
Define Diptheria							
Identify its Causative organism							
Recall Pathogenesis of diptheria							
List Clinical features of the disease							
• Predict atleast 3 Complications.							
RESPIRATORY DISTRESS IN NEWBORN							
 By the end of 60 minutes lecture final year MBBS students should be able to: Define respiratory distress syndrome (RDS) in neonates. Describe the frequency of RDS in premature infants, term infants, and specific high-risk populations. Identify the contributing factors associated with the development of RDS in neonates. Summarize the pathophysiology, clinical manifestations, and diagnostic criteria of RDS & emphasizing the role of surfactant deficiency in its development. Discuss the potential complications of RDS in newborns. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Tahira Saeed		
Hypoxic ischemia encephalopathy in ne	Hypoxic ischemia encephalopathy in neonates:						
 By the end of 60 minutes lecture final year MBBS students should be able to: Memorize the definition of Birth Asphyxia. List the risk factors of Birth Asphyxia. Identify the infant at risk 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Areeba Tanveer		





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
 Discuss the basic principles of neonatal resuscitation. Establish the management of neonate having hypoxic insult. 					
 By the end of 60 minutes lecture final year MBBS students should be able to : To familiarize the varied presentations of neonatal seizures. To distinguish non seizure states from seizures. To recognize the unique etiology of neonatal seizures. To familiarize the algorithm of management specific to neonatal seizures. To be able to decide the duration of antiepileptic therapy and follow up. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Madiha
NEONATAL JAUNDICE By the end of 60 minutes lecture final year MBBS students should be able to: • Memorize the definition of hyperbilirubinemia. • Compare between physiological and pathological jaundice. • State causes of hyperbilirubinemia. • Recall the pathophysiology of hyperbilirubinemia. • Describe the most dangerous complication of hyperbilirubinemia. • Enlist available therapeutic management. • Discuss plan of care for baby with hyperbilirubinemia.	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Arshad Hamid





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
CONGENITAL HEART DISEASE (ACYANOTIC	<mark>))</mark>				
 At the end of 60 minutes lecture, final year MBBS Students will learn to: List at least 3 cyanotic congenital heart lesions. Sort b/w acyanotic and cyanotic heart diseases. Describe embryological origin of these lesions. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Saba Sohrab
CONGENITAL HEART DISEASE (CYANOTIC)				·	
 At the end of 60 minutes lecture, final year MBBS Students will learn to: List at least 3 cyanotic congenital heart lesions. Sort b/w acyanotic and cyanotic heart diseases. Describe embryological origin of these lesions. 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Saba Sohrab
		Lecture			
APPROACH TO A CHILD WITH ANEMIA					
 By the end of 60 minutes lecture final year MBBS students should be able to: Define anemia in children, including its etiology, classification based on hemoglobin levels and age-specific reference ranges. Recognize the signs and symptoms of anemia in children. Enumerate the diagnostic approach of anemia in children. Summarize the management options for pediatric anemia. Establish preventive measures for anemia in children, including early screening, promotion of breastfeeding, supplementation programs, and education on healthy 	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ - OSCE	Dr. Tahira Saeed





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative)	Facilitator (9)
				(13)	
nutrition practices.					
THALASSEMIA		•			
By the end of 60 minutes lecture final year MBBS students	LGIF	60 minutes	Moin Baqai Hall	- MCQs	Dr. Areeba
should be able to :			_	- SAQ	Tanveer
• recall the pathophysiology of Thalassemia.				- OSČE	
list all clinical manifestations.					
• discuss the management of Thalassemia.					
• state recent advances in Thalassemia					
BLEEDING DISORDERS	1	1	1		I
By the end of 60 minutes lecture final year MBBS	LGIF	60 minutes	Moin Baqai Hall	- MCQs	Dr. Madiha
students should be able to :			-	- SAO	
• Describe the steps of hemostasis				- OSCE	
• Describe Platelets and their role in hemostasis				0001	
• Discuss Clotting : nomenclature of clotting factors					
Clotting cascade: extrinsic, intrinsic, common					
pathways					
• List the pathways of coagulation or clotting ,To be					
familiar with some abnormal clotting conditions.					
• Define Immune thrombocytopenia, which we will					
abbreviate as ITP					
Define Chronic ITP					
Define the diagnostic criteria for typical ITP					
• Discuss red flag features, suggestive of other					
diagnoses					
State the management of ITP					
Define Neonatal thrombocytopenia & Wiskott-					
Aldrich syndrome					
Describe the Von Willebrand's Disease,					
pathophysiology, types & Management					
COAGULATION DISORDERS					
By the end of 60 minutes lecture final year MBBS students	LGIF	60 minutes	Moin Baqai Hall	- MCQs	Dr. Arshad





⁷ Learning Objectives	T.S	Duration	Venue	Assessment	Facilitator (9)
				(Summative) (13)	
should be able to :				- SAQ	Hamid
• Recall intrinsic and extrinsic pathway of coagulation.				- OSCE	
 Discuss the pathophysiology of hemophilia. List the investigations, treatment and complications of 					
• Elst the investigations, treatment and complications of hemophilia.					
• Interpret vWb disease, hemorrhagic disease of newborn					
and DIC.					
CHILDHOOD ASTHMA	T =				
At the end of 60 minutes lecture, final year MBBS	LGIF	60 minutes	Moin Baqai Hall	- MCQs	Dr. Saba Sohrab
• Define asthma				- SAQ	
Summarize different presentations of ASTHMA				- OSCE	
 Prepare a treatment plan for asthma 					
Examine a patient with Asthma					
PATTERNS OF GENETIC TRANSMISSION					
By the end of 60 minutes lecture final year MBBS students	LGIF	60 minutes	Moin Baqai Hall	- MCQs	Dr. Tahira Saeed
should be able to:			_	- OSCE	
• Define key genetic terms, such as genes, alleles,					
 Define the various modes of inheritance in genetics 					
 Describe the characteristic inheritance patterns associated 					
with each mode.					
• Identify examples of genetic disorders and traits that					
follow each mode of inheritance, providing clinical					
correlations.					
• Interpret pedigrees and family histories to infer the mode of inhoritance and estimate requirence risks for constin					
disorders, integrating genetic counseling principles and					
guidelines.					
APPROACH TO A CHILD WITH HEMATURIA					





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative)	Facilitator (9)
				(13)	
By the end of 60 minutes lecture final year MBBS students should be able to:	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAO	Dr. Areeba Tanveer
Interpret hematuria				- OSCE	
• Identify atleast two causes of gross and microscopic hematuria.					
Discuss the management of acute poststreptococcal glomerulonephritis.					
NEPHROTIC SYNDROME					
By the end of 60 minutes lecture final year MBBS students should be able to :	LGIF	60 minutes	Moin Baqai Hall	- MCQs - SAQ	Dr. Madiha
Discuss the definition & etiology of Nephrotic Syndrome.				- OSCE	
• Explain the pathophysiology of Nephrotic syndrome.					
• Discuss clinical course of Nephrotic syndrome					
List Differential diagnosis.					
Explain management of nephrotic syndrome					
Specific & supportive care.					
Hepattis and Portal Hypertension					
• By the end of 60 minutes lecture final year MBBS students should be able to :					
Describe Hepatotropic Virus , Etiology , Clinical					
Manifestations, Investigation and Treatment					
• Explain Portal Hypertension , causes , investigation					
and Treatment					
ACUTE KIDNEY INJURY	1	1		1	1
By the end of 60 minutes lecture final year MBBS	LGIF	60 minutes	Moin Bagai Hall	- MCOs	Dr. Arshad
students should be able to :	_				Hamid
• List common causes of Acute kidney injury.					
• Interpret the investigations for the diagnosis of Acute					





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
kidney injury.					
• State the complications of Acute kidney injury.					
Discuss the medical management of Acute kidney injury.					
HEART FAILURE					
At the end of one hour tutorial and clinical discussion	LGIF	60 minutes	Moin Baqai Hall	MCQs,	Dr. Saba Sohrab
the final year MBBS students should be able:			_		
 Define heart failure. Describe the classification systems used to define heart failure. Explain the physiological basis for the clinical manifestations of heart failure. Describe expected clinical assessment findings for patients with heart failure. Define expected outcomes for therapeutic management of patients with heart failure. 					
I VARIOUS TYPES OF SHOCK AND MANAGEN	/IENI				





⁷ Learning Objectives	T.S	Duration	Venue	Assessment (Summative) (13)	Facilitator (9)
By the end of 60 minutes lecture final year MBBS students	LGIF	60 minutes	Moin Baqai Hall	MCQs,	Dr. Tahira Saeed
 Define shock and differentiate between its various types. 					
• Identify the etiology, risk factors, and precipitating					
factors associated with each type of shock.					
• Describe the pathophysiology of shock, including the					
sequence of events.					
Recognize the clinical features and hemodynamic menifectations of check in various patient					
 Discuss the principles of resuscitation and initial 					
management of shock, including the ABCDE approach.					
RHEUMATIC FEVER		1		1	1
By the end of 60 minutes lecture final year MBBS	LGIF	60 minutes	Moin Baqai Hall	MCQs,	Dr. Areeba
students should be able to :					Tanveer
• Recall the epidemiology, etiology and					
pathophysiology of rheumatic fever.					
• Identify signs and symptoms of rheumatic fever.					
• Discuss the major and minor criteria of rheumatic					
lever.					
• Illustrate the management of rheumatic fever.					
HEPATTIS IN CHILDREN AND PORTAL HYPI				MGO	D M 19
By the end of 60 minutes lecture final year MBBS	LGIF	60 minutes	Moin Baqai Hall	- MCQs	Dr. Madiha
				- SAQ	
Describe Hepatotropic Virus , Etiology , Clinical				- USCE	
Manifestations, Investigation and Treatment					
• Explain Portal Hypertension , causes ,					
investigation and Treatment					
	1				





- * Learning Objective-7
- * Teaching Methodology adopted-8
- * Facilitator -9
- * Assessment -13





FINAL YEAR TIME TABLE OF SKILL LAB-2024

1st Month

1 st Week					
Day	Time	Topics	Facilitators		
Wednesday	10:00 noon to	N.G tube placement	Dr. Arshad Hamid		
	1:00 pm		Khan		
	1:30pm to 3:30	N.G tube placement (Assessment)			
	·	2 nd Week			
Wednesday	10:00 noon to	Endotracheal intubation	Dr. Tahira Saeed		
	1:00 pm				
	1:30pm to 3:30	Endotracheal intubation			
		(Assessment)			
		3 rd Week			
Wednesday	10:00 noon to	Lumber Puncture	Dr. Saba Sohrab		
	1:00 pm				
	1:30pm to 3:30	Lumber Puncture (Assessment)			
	•	4 th week	·		
Wednesday	10:00 noon to	Foleys catherization	Dr. Areeba		
	1:00 pm	Suprapubic puncture	Tanveer		
		Renal Biopsy			
	1:30pm to 3:30	Foleys catherization			
		Suprapubic puncture			
		Renal Biopsy (Assessment)			

- Incharge for module-1 Skill lab Dr. Tabassum

Dr. Tahira Saeed Coordinator Skill Lab Department of Pediatrics **Dr. Arshad Hamid Khan** HOD Department of Pediatric





TIME TABLE & SCHEDULE ¹¹

SCHEDULE MODULE -3

Final year MBBS lecture on Every Thursday Timing: 8:30am to 9:30am Venue: Moin Baqai Hall

S. NO.	LECTURES	DATE	FACILITATOR			
1.	Introduction and statistics	20-03-2024	Dr. Arshad Hamid			
2.	Immunization.	28-03-2024	Dr. Madiha			
3.	Growth and development.	18-04-2024	Dr. Saba Sohrab			
4.	Breastfeeding and complimentary feeding.	25-04-2024	Dr. Tahira Saeed			
5.	Malnutrition (PCM).	2-05-2024	Dr. Areeba Tanveer			
6.	Malnutrition (PCM) Management.	9-05-2024	Dr. Madiha			
7.	Micronutrient deficiencies.	16-05-2024	Dr. Saba Sohrab			
8.	IMNCI (Pneumonia).	23-05-2024	Dr. Tahira Saeed			
9.	Acute gastroenteritis (Management according to IMNCI)	30-05-2024	Dr. Areeba Tanveer			
	Summer Vacation 03-June-2024 to 30-June-2024					
10.	IMNCI (Young infant)	4-07-2024	Dr. Madiha			
11.	Enteric fever	11-07-2024	Dr. Saba Sohrab			
12.	Tuberculosis	18-07-2024	Dr. Tahira Saeed			
13.	Approach to a child with rash.	25-07-2024	Dr. Areeba Tanveer			





14.	Tetanus.	1-08-2024	Dr. Madiha
15.	Diphtheria.	8-08-2024	Dr. Saba Sohrab
16.	Respiratory distress in newborn.	15-08-2024	Dr. Tahira Saeed
17.	Birth asphyxia.	22-08-2024	Dr. Areeba Tanveer
18.	Neonatal seizures.	29-08-2024	Dr. Madiha
19.	Neonatal Jaundice.	5-09-2024	Dr. Arshad Hamid
20.	Congenital heart disease (Acyanotic).	10.00.0004	Dr. Coho Cohroh
21.	Congenital heart disease (Cyanotic)	12-09-2024	Dr. Sada Sonfad
22.	Module 3 theory Exam	19-09-2024	





SCHEDULE MODULE -4

Final year MBBS lecture on Every Thursday Timing: 8:30am to 9:30am Venue: Moin Baqai Hall

S.NO.	LECTURE	DATE	FACILITATOR
23.	Approach to a child with anemia.	26-09-2024	Dr. Tahira Saeed
24.	Hemolytic anemia (Thalassemia).	3-10-2024	Dr. Areeba Tanveer
25.	Bleeding disorder.	10-10-2024	Dr. Madiha
26.	Coagulation disorder.	17-10-2024	Dr. Arshad Hamid
27.	Bronchial Asthma.	24-10-2024	Dr. Saba Sohrab
28.	Patterns of genetic transmission.	31-10-2024	Dr. Tahira Saeed
29.	Approach to a child with Hematuria.	7-11-2024	Dr. Areeba Tanveer
30.	Nephrotic syndrome.	14-11-2024	Dr. Madiha
31.	Acute kidney injury.	21-11-2024	Dr. Arshad Hamid
32.	Congestive cardiac failure.	28-11-2024	Dr. Saba Sohrab
33.	Various types of shock and management	5-12-2024	Dr. Tahira Saeed
34.	Rheumatic fever.	12-12-2024	Dr. Areeba Tanveer
35.	Hepatitis and Portal hypertension.	19-12-2024	Dr. Madiha
	Module-4 Exam Meningitis	23-12-2024	

* Teaching Methodologies Lecture – 8

* Schedule -11





¹¹ **<u>TIME TABLE 2024</u>**

WARD ROUND Time 11:00am to 1:30pm					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DR. SABA	DR. ARSHAD DR. AREEBA	DR. MADIHA	DR. TAHIRA	DR. TABASSUM	ON ROTA

OPD Time 8:30am to 1:00pm					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DR. ARSHAD DR. AREEBA	DR. MADIHA	DR. TAHIRA	DR. TABASSUM	DR. SABA	ER

FINAL YEAR TEACHING SCHEDULE- 2024					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DR. MADIHA	DR. SABA	DR. ARSHAD	DR. AREEBA	DR. TAHIRA	
FINAL YEAR TEACHING SCHEDULE- 2024					
DR. TABASSUM	DR. TABASSUM	DR. MADIHA	DR. MADIHA	DR. MADIHA	

LECTURE MODULE 3 & 4				
Time		Day	Acilitator	
8:30 to 9:30	(1 Hours)	Every Thursday	- Dr. Arshad Hamid Khan	
			- Dr. Tahira Saeed	
			- Dr. Saba Sohrab	
			- Dr. Areeba Tanveer	
			- Dr. Madiha Abid	





¹² REFERENCES TEXTBOOKS

- Nelson Textbook of Pediatric 21st edition.
- Forfar and Arneil's Textbook of Pediatrics, 7th edition
- Gomella Neonatalogy Eight Edition.
- PPA Textbook
- Manual of Neonatal Care (Lippincott Manual Series) 7th, North American Edition.
- The Harriet Lane handbook of Pediatrics